

Title: **ADDRESSING THE PRESENCE, TRANSCENDING THE SCENE**

Author: **María José Sesma**

**Abstract**

It is surprising to see how eagerly actors/dancers tackle the time of approaching the stage. To somehow define the instances prior to an actor's on-stage presence involves analyzing the steps a performer resorts to win the stage, being required to acquire the resulting principles of their various training. Actors, subjected to their own mastery or self-governance, possess a technical knowledge which produces a self-transformation to their other selves: *the performing body*.